



Date: 15<sup>th</sup> August 2014

Dear Ellen,

From the very moment I heard you speak at an event in 2011 you captured my attention.

I did not know at the time exactly what it was we shared, however I now know it was our belief in a much better tomorrow for young people.

My name is Rachel Cruz and I founded FLOW International in 2010 and from the very beginning of this journey my life has taken many twists and turns. We work in Pakistan in the areas of education and clean water. Ellen, the Chairperson of Magicians Way Foundation (at the time) – and, her Board supported FLOW's initiative to start up a small kitchen in The Rose School in Pakistan – serving 40 children a nutritious and delicious meal every day. Today we serve 80 children and we soon hope to double our numbers in 2015.

All our children are very under nourished and come from very poor homes. The kitchen is a very important part of our school programme.

Ellen has always been very supportive of FLOW's projects and myself. She has always been available to me and listens intently. I will always be very grateful to her for her belief in our children at The Rose School and FLOW's projects.

I look forward to working with Ellen in the future and I trust her ability to see clearly.

Kind regards,

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